



ST ALBANS RANGERS FC

Code of Conduct

CODE OF CONDUCT FOR COACHES

Set out below is the FA Coaches Association Code of Conduct (which reflects the standards expressed by the National Coaching Foundation and the National Association of Sports Coaches), which forms the benchmark for all involved in coaching.

1. Coaches must respect the rights, dignity and worth of each and every person and treat each equally within the context of the sport.
2. Coaches must place the well-being and safety of each player above all other considerations, including the development of performance.
3. Coaches must adhere to all guidelines laid down by governing bodies.
4. Coaches must develop an appropriate working relationship with each player based on mutual trust and respect.
5. Coaches must not exert undue influence to obtain personal benefit or reward.
6. Coaches must encourage and guide players to accept responsibility for their own behaviour and performance.
7. Coaches must ensure that the activities they direct or advocate are appropriate for the age, maturity, experience and ability of players.
8. Coaches should, at the outset, clarify with the players (and, where appropriate, parents) exactly what is expected of them and also what they, as players, are entitled to expect from their coach.
9. Coaches must co-operate fully with other specialists (e.g. other coaches, officials, sports scientists, doctors, physiotherapists) in the best interests of the player.
10. Coaches must always promote the positive aspects of the sport (e.g. fair play) and never condone violations of the Laws of the Game, behaviour contrary to the spirit of the Laws of the Game or relevant rules and regulations or the use of prohibited substances or techniques.
11. Coaches must consistently display high standards of behaviour and appearance.
12. Coaches must not use or tolerate inappropriate language.

CODE OF CONDUCT FOR PLAYERS

Obligations towards the game

A player should:

1. Make every effort to develop their own sporting abilities, in terms of skill, technique, tactics and stamina.
2. Give maximum effort and strive for the best possible performance during a game, even if their team is in a position where the desired result has already been achieved.



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3. Set a positive example for others, particularly young players and supporters.
4. Avoid all forms of gamesmanship, and time wasting.
5. Always have regard to the best interests of the game, including where publicly expressing an opinion on the game and any particular aspect of it, including others involved in the game.
6. Not use inappropriate language.

Obligations towards one's own team

A player should:

1. Make every effort consistent with Fair Play and the Laws of the Game to help their own team win.
2. Resist any influence which might, or might be seen to, bring into question their commitment to the team winning.

Respect for the Laws of the Game and competition rules

A player should:

1. Know and abide by the laws, rules and spirit of the game, and the competition rules.
2. Accept success and failure, victory and defeat, equally.
3. Resist any temptation to take banned substances or use banned techniques.

Respect towards Opponents

A player should:

1. Treat opponents with due respect at all times, irrespective of the result of the game.
2. Safeguard the physical fitness of opponents, avoid violence and rough play, and help injured opponents.

Respect towards the Match Officials

A player should:

1. Accept the decision of the Match Official without protest.
2. Avoid words or actions which may mislead a Match Official.
3. Show due respect towards Match Officials.

Respect towards Team Officials

A player should;

1. Abide by the instructions of their Coach and Team Officials, provided they do not contradict the spirit of this Code.
2. Show due respect towards the Team Officials of the opposition.

Obligations towards the Supporters

A player should:

1. Show due respect to the interests of supporters.

CODE OF CONDUCT FOR TEAM OFFICIALS

This Code applies to all team / club officials (although some items may not apply to all officials).

Obligations towards the Game

The team official should:

1. Set a positive example for others, particularly young players and supporters.



2. Promote and develop his own team having regard to the interest of the Players, Supporters and reputation of the national game.
3. Share knowledge and experience when invited to do so, taking into account the interest of the body that has requested this rather than personal interests.
4. Avoid all forms of gamesmanship.
5. Show due respect to Match Officials and others involved in the game.
6. Always have regard to the best interests of the game, including where publicly expressing an opinion of the game and any particular aspect of it, including others involved in the game.
7. Not use or tolerate inappropriate language.

Obligations towards the Team

The team official should:

1. Make every effort to develop the sporting, technical and tactical levels of the club/team, and to obtain the best results by the team, using all permitted means.
2. Give priority to the interests of the team over individual interests.
3. Resist all illegal or unsporting influences, including banned substances and techniques.
4. Promote ethical principles.
5. Show due respect to the interests of players, coaches and other officials, at their own club/team and others.

Obligations towards the Supporters

The team official should:

1. Show due respect to the interests of supporters.

Respect towards the Match Officials

The team official should:

1. Accept the decisions of the Match Official without protest.
2. Avoid words or actions which may mislead a Match Official.
3. Show due respect towards Match Officials.

CODE OF CONDUCT FOR PARENTS, CARERS, AND SPECTATORS

A parent's, carer's, or spectator's expectations and attitudes have a significant bearing on a child's attitude towards other players, officials, managers, and spectators.

This club will ensure that parents, carers, and spectators within the club are always positive and encouraging towards all of the children - not just their own - and will encourage parents, carers, and spectators to:

- Applaud the opposition as well as their own team
- Avoid coaching the child during the game
- Not to shout and scream
- Respect the referee's decision
- Give attention to each of the children involved in football not just the most talented
- Give encouragement to everyone to participate in football.

The club will ensure that parents, carers, and spectators agree and adhere to the Code of Conduct and Child Protection Policy.



ZERO TOLERANCE

Managers, coaches, and parents of all teams (whether St Albans Rangers teams or opposition teams) should observe the comments listed below when watching the game. Please consider your behaviour while you are watching the children play the game, and teach them Good habits rather than Bad ones.

DO...

1. Stand at least 3-4 metres away from the side of the pitch.
2. Only the coach or manager from each team should be coaching the children.
3. Give encouragement to all the children from both teams; applaud good play.
4. Let the children play and enjoy the experience of learning for themselves.
5. Keep your involvement to a minimum.
6. Adults should guide and support, and give positive comments.
7. Enjoy the football match.
8. Be realistic about the capabilities of the players.
9. Show each other the same level of respect that you would expect to receive.

DON'T...

1. Encroach on the playing area / pitch.
2. Get involved with coaching the children.
3. Make any derogatory comments at all, to anyone.
4. Raise your voice or shout at the children or the referee.
5. Question the referee's decisions.
6. Expect too much from the children.
7. Use a video camera or take photographs of any children, without asking the other parents and opposing team first.

